

READI NEWSLETTER

We hope you had a restful summer and that the 09-10 school year starts out great for everyone. If you have any students or families struggling with drug or alcohol issues, please contact us at any time.

READI Students Served 08-09 to Date: 148

READI Students Served Program to Date: 582

Event Highlight:

* 7/24: San Dieguito Alliance for Drug Free Youth

- Marijuana smoke linked to cancer - now listed under Proposition 65. http://oehha.ca.gov/prop65/docs_state/mjcmr061909.html

- Partial alcohol ban enacted for coaster trains. http://nctimes.com/news/local/oceanside/article_4b6fb99e-5bb4-51a5-a385-7e4b2bbc9d87.html

- FDA and health experts warn against use of e-cigarettes. <http://www.cnn.com/2009/HEALTH/07/22/ecigarettes.fda/index.html>

Street Terms to Know:

* Prescription drug slang terms - big boys, chill pills - find out more at: http://www.drugfree.org/NotInMyHouse/cultural_lingo.aspx

Questions or Comments?

<http://teachers.sduhsd.net/READI/>

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Updates/News Highlights:

* Dealers trying to capitalize on teenage use of Oxycontin. Mimic tablets being sold - some containing Tylenol and cough suppressant and others with ketamine and caffeine.

* MADD looks for support on ignition interlocks for convicted DUI offenders. Research shows repeat offenses are decreased by 64% with their use.

For more information go to: <https://secure2.convio.net/madd/site/Advocacy?JServSessionIdr004=08v7ubeh61.app7a&pagename=homepage&id=477>

* SAMHSA report shows drug and alcohol rates vary State by State. <http://oas.samhsa.gov/2k7/state/Ch2.htm> and <http://oas.samhsa.gov/2k7/state/Ch3.htm>

* 2009 Impaired Driving National Enforcement Crackdown 8/21-9/7. More info: <http://www.stopimpaireddriving.org/planners/crackdown2009/index.cfm>

* Mexico decriminalizes possession of small amounts of narcotics. <http://www.time.com/time/world/article/0,8599,1918725,00.html>

* Dietary Supplements marketed to teens as "legal alternatives to steroids" actually containing steroids - popular among high school athletes. http://www.nytimes.com/2009/07/24/sports/24steroids.html?_r=1

September is National Alcohol and Drug Addiction Recovery Month

Go to: www.recoverymonth.gov