



A California Distinguished School

CARMEL VALLEY MIDDLE SCHOOL Parent and Student Newsletter

Volume 11, Issue 1

August/September 2009-2010

Principal's Message

Laurie Francis

I hope this letter finds you in the midst of enjoying a wonderful summer with your family. As we move closer to a decade into the millennium, it is hard for me to believe that I am beginning my 21st year in education and my second year at CVMS and the San Dieguito UHSD. I feel extremely fortunate to work with such an outstanding learning community. I look forward to working closely with our new and returning students, their families, and, of course, our award-winning teaching and support staff to decidedly remain one of the finest middle schools in the state. The tradition of excellence is core to the success of CVMS.

Thus, it is my pleasure and honor to **Welcome** you to the start of another exciting school year. The attached information is integral to assisting you with getting ready for the upcoming year. Please review this newsletter and other materials in our back-to-school packet so that you are well informed about how things work at CVMS and the SDUHSD. In addition, please monitor our web site on a weekly basis...*Go ahead add us to your "favorites!"* Also, please note that as we work to "**go green**" this is the only newsletter that you will receive in hard copy format. The remainder of the newsletters will be emailed to you. Additionally, our partnership with PTSA and our efforts to improve communication have resulted in a weekly PTSA e-blast. Please be sure to sign up for this service and take time each week to read the "blast" as it will assist you with keeping "*in the know!*"

Some helpful information:

All incoming 7th graders and new 8th graders are encouraged to attend our **Orientation Day 2009** on **Wed., August 19th** (see Page 3). Registration forms are available in the school office. Families of 7th graders and students who are new to CV are strongly encouraged to attend **Orientation Day**. All parents in attendance will attend a series of short informative sessions that address a variety of topics (e.g. how to support your students academically and socially, how to access a variety of services at CV, etc.). Parents can purchase school items

such as PE clothes, yearbooks, join PTSA, etc. PE clothes can be purchased **after school in front of PAC on Wed. & Thurs., 9/2 & 9/3**. On **Page 8** is a list of school items including school supplies.

Students will pick up their ***class schedules on Opening Day, Tues., Sept., 1 beginning at 7:50 a.m. in the Performing Arts Center**. Schedules are **not available** to students prior to the first day of school.

***Student schedules without up-to-date immunizations will be withheld.**

Our **modified block schedule** will remain the same this school year. On this bell schedule, Mondays are **Single Period Days** during which all 6 periods meet and the other days of the week are **Block Days** during which only **three** periods meet: (Tues. & Thurs.: Periods 1-3-5; Wed. & Fri.: Periods 2-4-6). **Homeroom** will be on single period days and on 1-3-5 block days. On 2-4-6 block days we have built in a time for **Silent Sustained Reading (SSR)**. In addition to this regular schedule we will have eight **Late Start Mondays** when school will begin about an hour and 15 minutes later than normal – please see **Page 2** for a list of these dates. This extra time will be used for teacher collaboration and staff development.

"Coffee with the Principal" will begin on **October 1, 8:45– 9:45 a.m./Conf. Room**. Plan on joining me to hear what is happening at CV. See **Page 4** for upcoming dates.

There are many opportunities at CV for both you and your children to join us in building an exceptional environment for students to learn and grow. *Our* students' education is a collaborative process among school staff, families and students (who are taking on more ownership than ever before). Please remain actively involved with your child's education during their time here at CV – even if they don't want you to (really...they do)! Active parental involvement is absolutely crucial in these formative adolescent years.

I look forward to getting to know each of you and working in partnership on behalf of our students!

MARK YOUR CALENDARS!

August 19 Orientation Day 2009
(See Page 3)

School Begins
TUESDAY, September 1, 2009

***School Pictures* taken on this day during P.E. classes. (NO P.E. dress out for a week.) Photo flyer inside!**

September 7	No School/Labor Day
September 11	Picture Make Up Day
September 14	Magazine Drive
September 16	Back to School Night 5:30-7:30 (Page 3)
September 21	LATE START DAY
September 25	Club Day during lunch
September 28	NO SCHOOL - District Inservice
October 5	Explore test/8th Grade Late Start Day/7th Gr.
October 8	School Dance/6-8/PAC
October 8	PTSA Gen. Mtg/6-8/MC
October 19	LATE START DAY
Oct. 19—23	Red Ribbon Week
November 4	1st Quarter Ends
November 11	No School/Veterans Day
November 16	LATE START DAY
Nov. 17—19	Fall School Play
Nov. 23—27	Fall Break/Thanksgiving
December 18	Minimum Day Dismissal 12:50 pm
Dec. 21-Jan. 1	Winter Break
January 4	Return to School
January 11	LATE START DAY
January 18	No School/MLKing, Jr.
January 29	1st SEMESTER ENDS
Feb. 1 & 2	No School/dist inser day
Feb. 12 & 15	Presidents' Holidays
February 22	LATE START DAY
March 2	7th Direct Writing Test
March 8	Spring Photos
March 15—19	Spirit Week
March 22	LATE START DAY
March 25	VPA Night
April 5—9	Spring Break
April 16	3rd QUARTER ENDS
APRIL 19	LATE START DAY
April 22	School dance/6-8/PAC
April 22	PTSA Gen. mtg/6-8/MC
April 28-May 1	Spring Play
May 4—7	STAR Testing
MAY 10	LATE START DAY
May 10—14	Staff Appreciation Wk
May 17	Career Faire
May 31	No school/Mem. Day
June 3	Awards/Talent Show
June 16	8th Grade Trip
June 17	8th gr. Dance, 6-8 pm
June 18	Last Day/Minimum Day 8th Gr. Promotion Day Time—TBD

Dates Subject to Change!



REMEMBER TO POST THESE DATES
ON YOUR REFRIGERATOR DOOR!!!



LATE START DATES (MONDAYS)

(New Start Time)

9:38 a.m. — 3:05 p.m.

September 21, 2009

October 19, 2009

November 16, 2009

January 11, 2010

February 22, 2010

March 22, 2010

April 19, 2010

May 10, 2010

LATE START DAY BELL SCHEDULE

9:38 (new)	9:43	First Bell
9:43 -	10:26	Period 1
10:26 -	10:31	Passing
10:31 -	11:14	Period 2
11:14 -	11:19	Passing
11:19 -	12:03	Period 3
12:03 -	12:38	Lunch
12:38 -	12:43	Passing
12:43 -	1:27	Period 4
1:27 -	1:32	Passing
1:32 -	2:16	Period 5
2:16 -	2:21	Passing
2:21 -	3:05	Period 6

MESSAGE FROM THE ASSISTANT PRINCIPAL Jeff Copeland

Welcome to the 09-10 school year! We look forward to working with you and your student during the upcoming school year. As we begin, we want to offer a few suggestions for you to help ensure the *safety and well-being of your child at school:*

Student Caseloads

- In order to efficiently serve the needs of all of our students we have broken the school population into caseloads according to last names as follows:
 - Jeff Copeland, AP (L-Z) X3003
(jeff.copeland@sduhsd.net)
 - Marcia Pink, AP (A-K) X3007
(marcia.pink@sduhsd.net)

School Rules/Information

Read and discuss with your child the "Bobcat Rules & Regulations:"

- Dress Code: Please refer to it prior to purchasing school clothes and please monitor what your child wears to school each day and to school functions. The dress code is enforced at school and at all school functions.

- School Behavior Expectations and Academic Honesty Code with your child: Make sure your child understands all school rules. Appropriate behavior and good decision-making by students are crucial aspects in the smooth operation of our school. Should a student use poor judgment and fail to meet our behavior expectations, there are a variety of consequences as outlined in the Behavior Expectations. We can assure you that we will always approach discipline issues using what we call the "Four F's" – we will be **Fast** in dealing with disciplinary issues, we will be **Fair** with students, we will be **Firm** in enforcing the school rules, and we will be **Friendly** and respectful when dealing with students. We view the disciplinary aspect of our job as a different form of teaching – we try to teach kids how to make good decisions and to identify and learn from mistakes and we appreciate your support in this endeavor.
- Be aware of what your child takes to school. Students should never bring weapons of any kind (real or facsim-

ile) to school. This includes squirt guns, dangerous jewelry, balloons, firecrackers (including "poppers"), knives, aerosol cans and lighters, etc. Students should also refrain from bringing to school giant marker pens, gum, personal electronics (cellular phones, pagers, CD/cassette/MP3 players, electronic games, etc.), laser pointers, skateboards, roller blades, and scooters. A **good general guideline is that students should only bring to school those items necessary for the school day.**

- Impress upon your child that the following actions can result in suspension from school: fighting, any physical violence/aggression, bullying/harassment, threats, extreme or repeated defiance or disruption, and possession of drugs, alcohol, tobacco, or any drug paraphernalia (lighters, matches, etc.).
- Remind your child that the school behavior expectations and dress code are enforced while students are in transit to and from school or school events and while students are at school or school events. Everyone benefits by gaining a clear understanding of the school expectations for behavior and dress.

Traffic Issues

As with any large school, we have our share of traffic problems to contend with here at CVMS. We wanted to remind parents who drop their students off at school to abide by the following:

- Drop off / pick up
(before 8:00 a.m. in the morning and after 3:15 p.m. in the afternoon.)
- Drop your student off a few blocks away.
- Carpool
- Obey traffic laws – Do not stop in the bike lanes on public roads around CVMS and when you are coming up Mykonos to the school, do not cross the double yellow line until you reach the top of the hill and the line ends. Once the double yellow line ends at the traffic circle at the top of Mykonos, we do want you to split into two lines coming into the school's driveway. This helps traffic flow more quickly up the hill and moves cars off of the streets below the school.
- Have your student ride his or her bike to school during good weather.

Volunteer Opportunities

- Lunch Supervision
Help supervise and monitor lunch lines and other areas on campus.
- Safety Committee
The committee meets once a month before school for about 30 minutes. If you are interested, email Jeff Copeland, Asst. Prin., at

jeff.copeland@sduhsd.net

ALL 7TH GRADERS AND NEW 8TH GRADERS - To prepare you for the first day of school . . .



ORIENTATION DAY 2009

CARMEL VALLEY MIDDLE SCHOOL

Wednesday, August 19

8:00 a.m. - 12:00 p.m.

We plan to W. E. B. - Welcome Every Body

Students meet in the gym for a fun-filled informative half-day retreat that will make the transition to Middle School a positive one.

(Orientation Day is an *optional* program and is self-supporting. There is a donation of \$15 (payable to CVMS ASB) to cover costs of the program, (e.g. supplies, lunch, staffing and orientation mementos.)

OUR GOAL

To help you get to know other students.

To help you learn strategies for being successful at CVMS.

To help you get to know the campus so you feel comfortable on the FIRST day of school.

At the close of the program lunch will be served to the students.

Parents will meet in the Performing Arts Center at 8:15 a.m. for a general informational session and then parents will break into small groups and go to classrooms for facilitated sessions on topics such as:

- supporting academic success in middle school
- supporting social/emotional success in middle school
- how to access school resources online (grades, assignments, accounts)
- keeping your child safe online
- End of Sessions: Parents can purchase school-related items (P.E. uniforms, yearbooks, PTSA Membership & programs, Cafeteria Accounts, etc.)

The parent sessions will begin at 8:30 a.m. and end between 11:30 & 11:45 a.m.—purchasing in the Performing Arts Center can begin.

BACK TO SCHOOL NIGHT

Wednesday, September 16
5:30 – 7:30 p.m.
Center Court



Please join us at our annual Back-to-School Night.

After meeting in the Center Court for a brief general meeting, parents will have the opportunity to visit each of their children's classes and meet their new teachers. All parents are encouraged to attend. If necessary, School Site Council elections will take place on this evening.

More information about Back-to-School Night will be carried home by your children.

SCHOOL CLUBS

Club Day

Friday, Sept. 25— during lunch.

In October our school clubs will begin meeting during *lunch time*.

Teachers involved in clubs coordinate and open up their classrooms for meeting and discussion.

Detailed information will be forthcoming about clubs meeting days and times. Listen to the morning bulletin for club information.

Examples of lunch time clubs:

Art, Book, Chess, Classic Film, Club Live, Dance, E-Club, Math Counts, Poetry, New Student "Welcome" Club, Hip-Hop, etc.



Listen daily to the bulletin for days and times clubs meet each week.

SCHOOL SITE COUNCIL

The School Site Council is composed of the principal, a 7th and 8th grade student representative, a classified staff member, four teachers and three parents. The role of the Site Council is (1) to develop a school plan that coordinates funding to best serve our students and (2) to monitor school goals.

The first School Site Council Meeting
Thursday, October 15, 7:30 - 8:30 a.m.
Conference Room

If you are interested in running for SSC, please send your name and a 5 sentence statement of experience to the school office, attn: Principal, by Friday, September 11. If more than 3 people are interested in serving, an election will be held at:

Back-to-School Night,
Wednesday, September 16



TRANSPORTATION

www.sduhsd.net

Important Information

All bus transportation information is provided by our District Transportation Department. Please call this number to arrange bus transportation:

760-753-8298

PLEASE DO NOT CALL THE SCHOOL OFFICE!
Thank you.

Bus applications are available on the district website at www.sduhsd.net.

MAGAZINE SALE

September 14—October 7

Student activities, programs and awards are funded by student fund-raising projects. The major fund-raiser used by CV students is our annual magazine sale. Families, neighbors, and friends of CV are asked to please renew and/or order their subscriptions through the school. Over 400 different titles are available and the **COST IS THE SAME** as offered directly from the publisher. All special publisher offers are accepted. *Thank you for your support!*

BOX TOPS . . . HELP purchase technology for our school. **SAVE your BOX TOPS NOW!!!** Collection days will be announced once school begins!

COFFEE WITH THE PRINCIPAL



Mark Your Calendars . . .
Conference Room / 8:45—9:45 a.m.
Meeting Dates (dates subject to change)

October 1	February 11
November 12	March 4
December 3	April 1
January 7	May 20

ATTENTION!

SCHOOL PICTURES TAKEN ON FIRST DAY OF SCHOOL Tuesday, September 1

PLEASE READ THE ENCLOSED PHOTO FLYER.

- ◆ On picture day, September 1, ALL students will have their picture taken for the yearbook (09-10).
- ◆ Pictures will be taken during P.E. classes. There will be no P.E. dress out for a week.
- ◆ NO MONEY is required on picture day!
- ◆ Makeup Picture Day - Friday, September 11

EMERGENCY FORM (09-10)



It is essential to have this form on file in the registrar's office. *Each year a new form must be completed!*

8th Graders: will receive their form during 5th period (Homeroom) on the first day of school. Parents need to sign form and return to your 5th Per. (Homeroom) the next day: Weds., 9/2.

7th Graders: No need to complete form! It was completed when you registered at your elementary school. If you need to complete a form, pick up form in office.

INSURANCE???

Are you covered? Skinned knees, twisted ankles, and bruises are a part of adolescence. Please check your insurance policy to see if your health plan covers school injuries.

The San Dieguito U.H.S.D. DOES NOT carry medical or dental insurance for students injured on school premises. If your health plan does not cover such injuries, please consider the optional insurance plan available at the school.



INDEPENDENT STUDY P.E. (ISPE)

(Applications due at NOON on AUGUST 14, 2009.)

We strongly encourage students to participate in after-school sports activities. For the most part, however, these outside programs do NOT take the place of a physical education class which offers an introduction to diverse extra athletic activities in the context of a cooperative classroom environment.

Independent Study P.E. (I.S.P.E.) is available for a very limited number of students who:

- (1) are outstanding in their sports (as demonstrated by national ranking, Junior Olympics, etc.) or
- (2) have a rigorous, extensive instruction and competition schedule which conflicts with regular school hours.

Students in ISPE will miss the first or last period of the day to participate in their training program.

Students who think they are eligible for ISPE may pick up an application in the Administration Office.

STRATEGIC PLANS

SAN DIEGUITO UNION HIGH SCHOOL DISTRICT

MISSION STATEMENT

Our mission is to develop a community of life-long learners, creative thinkers, and responsible individuals, by providing innovative, quality educational programs in a safe, supportive environment.

STRATEGIES

STUDENT CONNECTEDNESS AND WELL-BEING

We will create programs and processes to connect each student to school, education and community, and to foster personal well-being.

CURRICULUM

We will provide a challenging, diverse curriculum that is accessible and allows students to feel connected to the community.

CITIZENSHIP

We will model, mentor and reward programs and processes that foster compassionate, ethical, and responsible behavior.

TECHNOLOGY

We will develop a guided master plan to incorporate the use of technology in all aspects of instruction.

COMMUNICATION

We will actively support the District's strategies by implementing an interactive, integrated community-wide communication network.

STAFF DEVELOPMENT

We will create and implement an innovative, comprehensive staff development and recruitment plan producing a world class workforce.

CARMEL VALLEY MIDDLE SCHOOL

MISSION STATEMENT

Our mission is to educate our students in a safe and challenging learning environment to become life-long learners who will be resourceful, responsible, and compassionate community members

CORE VALUES

The pioneering spirit of Carmel Valley leads us to value . . .

STUDENT FOCUS

We provide a caring, student-centered community that encourages students to become well-rounded, responsible members of society.

ACADEMICS

We will provide a challenging academic environment that empowers students to reach their potential, develop real-life applications, and embrace life-long learning.

PROFESSIONALISM

We are a professional staff that practices respectful interactions, shared decision making, and continuous collaboration.

COMMUNICATION

We are committed to open, honest, and respectful communication among students, staff, parents and community.

SAFE AND SECURE ENVIRONMENT

We provide an environment that is physically and emotionally safe and secure, one that fosters self-expression, respects individuality, and accepts diversity.

STUDENT DIRECTORIES INFORMATION FOR 2009—2010

Student directories are developed and printed by CV's PTSA. Student Directories are included with a **PTSA membership**.

8TH GRADERS: IF YOU HAVE NO CHANGES IN YOUR ADDRESS OR PHONE NUMBER, YOUR INFORMATION WILL REMAIN THE SAME IN THIS YEAR'S DIRECTORY. IF YOU DO HAVE CHANGES, PLEASE COMPLETE A NEW FORM AVAILABLE IN THE MAIN OFFICE. A PARENT'S SIGNATURE IS REQUIRED.

7TH GRADERS: IF YOU WANT TO BE LISTED IN THIS YEAR'S DIRECTORY, FORMS ARE AVAILABLE IN THE MAIN OFFICE. A PARENT'S SIGNATURE IS REQUIRED.

Please note: This form is for 2 years. When a parent signs the form, it states approval for this information to remain in the directory for 2 years . . . unless the school or PTSA is notified of any changes!

8th graders . . .
Remember to order your yearbook!!!

PLAN AHEAD AND
PURCHASE YOUR 09-10
YEARBOOK NOW!

AND SAVE \$10!!!

THE CURRENT PRICE IS: \$45
After 1/04/10 the price
WILL BE \$55.

Pay for your yearbook at the finance
window in the school office . . . now!!!

PTSA'S ACADEMIC BOOSTERS

Did you think that because your child is in middle school you will no longer have the opportunity to assist in the classroom and work with students? **NOT SO!** Working with teachers and administrators, Academic Boosters are parents involved in the education process. There are several programs to consider.

ACADEMIC ENRICHMENT

- Math League
(Regional and State competitions)
- Quiz Bowl
- Science Olympiad
(Regional and State Competitions)
- Student Literary Publication
- Various Academic Competitions
(Geography Bee, 24 Challenge)

The mission of Academic Boosters is to enrich, support and foster academic excellence and recognition for all of our students. As you can see, the programs spon-

sored and supported by the Boosters are extensive. Volunteers are needed to help with planning and implementing most of the above mentioned areas. Will **YOU** volunteer to help make this year exciting and rewarding for our children? Can **YOU** assist in a classroom or help with an academic competition?

**WANTED . . .
Parents . . .**

Academic Boosters is looking for 7th grade parents to learn the ropes of this vital and interesting PTSA committee. Look for our sign-up table at "Orientation Day 2009" or email

**Christina Katz
christinakatz@me.com**

SCIENCE OLYMPIAD

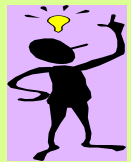
Information will be available at "**Orientation Day 2009**" for incoming 7th graders and new 8th graders.

An introductory evening meeting (date TBA) will be scheduled in early September for parents and students to learn more about S.O. and how to get involved. **Applications will be available at the September meeting.**

If you are interested in being a parent coordinator for S.O., please email the website below.

Students interested in participating in S.O., listen to the morning bulletin for the meeting day and time or visit this website:

cvscienceolympiad@gmail.com



STUDENT INFORMATION

- **Agenda Books** will be provided to all students on the first day of school during first period. Maintaining a homework log is an excellent study habit for everyone to develop. Parents should ask to see the log daily. This will reinforce excellent study habits.
- **Physical education program** dress out. Students should pre-purchase their PE uniform at Orientation Day (7th graders and new students only) or **after school on Sept. 2 & 3 in front of PAC.**
- **8th Graders: RESERVE YOUR COPY NOW! YEARBOOK 09-10 - \$45 / After 1/04/10 - \$55.**

Early purchase of the Yearbook ensures you a copy. During the months of September through December you can purchase your copy at the Finance window.

DON'T BE LEFT EMPTY HANDED IN JUNE !!

STUDENTS CONNECT IN HOMEROOM

In addition to six academic classes each student will have a Homeroom period for 25 minutes 3 times a week with their 5th period teacher. During the Homeroom time students hear school announcements, have time to ask questions about school, use their Agenda books to keep organized, elect representatives to the Bobcat School Senate, and participate in activities to reinforce our school values of:

**RESPECT, RESPONSIBILITY
and RESOURCEFULNESS**

The goal of Homeroom is to **connect students** to school, to each other and to a staff advocate in a small group setting.

HEALTH OFFICE

8:30 a.m. - 2:50 p.m.
(858) 481-8221 x3014 / fax : (858) 481-8256



Important reminders:

- **Hepatitis B immunization series must be started before entering school OR student schedules will be held.**
- **Nurse's office DOES NOT provide medication to students. ALL MEDICATION MUST BE BROUGHT FROM HOME (e.g., aspirin, etc.)**

If you have a question or concern, or need to drop off medication for your child, please do it during the hours above.



LOCKERS

Lockers will **NOT BE AVAILABLE**. To lighten student book loads, class sets of books will be available in most classes so students will be able to leave their personal copies at home. A backpack or a book bag will easily accommodate other needed texts or school supplies.

ATTENDANCE

MISS SCHOOL???

MISS OUT!!!

Good attendance is very important to your child's success in Middle School. Be sure your child is on time and ready to work each day.

ABSENT FROM SCHOOL?

- (1) **If your child is absent**, please call the Attendance Office *each day* your child is absent:
481-8221 x 3011
- (2) **If you do not call the school**, your child must bring a note stating the dates and nature of the absence(s).
- (4) **OFF CAMPUS PASS** needs to be obtained by your child **BEFORE SCHOOL STARTS**. The PASS is required when your child needs to leave school during normal school hours. Please call the Attendance Office at (481-8221 x3011) or send a note with your child to the Attendance Office window **BEFORE SCHOOL STARTS!!!**
- (5) **HOMEWORK** may be requested after three (3) consecutive days of absence due to illness by calling the Attendance Office (x3011). **Requests must be made by 9:30 a.m. in order to be ready by 3:05 p.m!**
- (6) **VACATIONS**: Please plan your vacations to coincide with school vacations. (State school funding laws have changed. If your child is not in school for **any reason**, the school does not receive funding.)

LATE TO SCHOOL?

If your child is **late** to school, he/she must check in at the Attendance Office. It is important that your child get to school on time each day. Habitual, unexcused tardies will result in a Saturday School assignment. We appreciate your assistance with our Attendance Office procedures and with making sure your child is at school every day.

PTSA**PRESIDENT'S MESSAGE**

Christina Katz

On behalf of the Carmel Valley PTSA, I would like to welcome everyone back to school. If you are a first time student or parent, I would like to extend a special *welcome* to a really fantastic school. I hope everyone had a great summer. The Parent-Teacher-Student Association at Carmel Valley is a very hard working and committed group. We exist to support the school in educating the whole child. We fund a number of programs that benefit teachers and students in learning and in fun. Some of these programs include Teacher Mini Grants, library support, technology support, Spirit Week, and Red Ribbon activities. We can not support these programs without you. I strongly encourage you to join the PTSA. The good news is that we do not conduct **ANY** fundraisers throughout the year. We ask for your support only one time. Our membership campaign is our one and only "*ask*." If you have not already joined the PTSA, I ask that you show your support for your child by joining immediately. The PTSA Executive Board is very excited about the upcoming school year. Please plan to join us on **October 8, 2009** for our first Association meeting of the year. Your children will be outside enjoying the first school dance of the year and you can be inside listening to a wonderful presentation (TBA). I encourage you to stay involved in your child's education and I welcome your participation in the PTSA. We still have positions open, so if you are interested in chairing a committee or serving on the board, please feel free to contact me at christinakatz@me.com.

PTSA parents support, coordinate and volunteer for the following programs:

Orientation Day 2009	August 19
Red Ribbon Week	Oct. 19—23
Spirit Week	Mar. 15—19
Staff Appreciation Week	May 10—14
Career Faire	May 17
Awards/Talent Show Night	June 3
Reflections	(dates TBA)
Science Olympiad	(dates TBA)

There are many other opportunities to volunteer during the school year. Please complete the enclosed Volunteer Form and return asap. **Thank you for your support!!!**

**Thank you everyone for your support and have a wonderful year!
Go Bobcats!!!**

PARENTS! The *E-Scrip program* returns a percentage of your total grocery purchases to CV each time you shop! Just complete the *E-Scrip form* enclosed and provide us with your VONS, Ralphs, and/or Albertsons card number - and we'll make sure your card is properly registered.

Every time you shop at these stores swipe your card at checkout and earn money for CVMS! **It's really that easy!**

You may also register on-line yourself. All the necessary links are provided for you on the same E-Scrip form.

This is free money! So please complete the form and return it to school to start helping us raise needed funds. We're looking for **100% participation** from our CV families! Questions? Contact: Pamela Couvignou @ 858-414-3553 or at pcouvignou@cff.org. **CV parents . . . Thank you!!!**

It shall be the policy of the San Dieguito Union High School District to prohibit discrimination or harassment on the basis of age, sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, marital or parental status, or physical or mental disability, or any other unlawful consideration in the educational programs and activities which it operates.



THE PARENT CHECKLIST



ITEMS TO RETURN COMPLETED & SIGNED: (*Distributed 1st day in 5th Per.)

WHEN**COMPLETED**

- | | | |
|---|--------------------|--------------------------|
| * Emergency Form (*8th graders and new students only!!!) | 2nd day/5th period | <input type="checkbox"/> |
| * Dress Code/Behavior Expectations Form (signed by parents) | 2nd day/5th period | <input type="checkbox"/> |

- | | | |
|---|-----------------|--------------------------|
| Yearbook 09-10 (Optional purchase) (\$45) (\$55 after 1/04/10) | Aug/Sept – Dec. | <input type="checkbox"/> |
| → (SAVE \$10 AND ORDER NOW at the Finance window in school office.) | | |

SCHOOL PICTURE DAY **** (FIRST DAY OF SCHOOL) **** Tuesday, September 1

ALL students will have their picture taken on this day. These pictures will be used for the yearbook. No money or form required at this time. (Picture makeup day: Friday, Sept. 11) (Photo flyer enclosed.)

P.E. CLOTHES (REQUIRED) (can be purchased from other sources)

- | | | |
|--------|--|--------------------------|
| Shirt | White or gray T-shirt without pockets | <input type="checkbox"/> |
| Shorts | Dark green color without pockets | <input type="checkbox"/> |

P.E. CLOTHES (OPTIONAL) (with "Bobcat" logo: ****can be purchased through the school**)

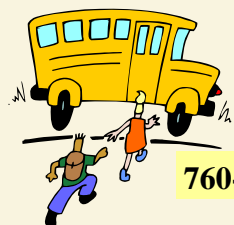
- | | | |
|------------|--|--------------------------|
| Shirt | \$10.00 | <input type="checkbox"/> |
| Shorts | \$10.00 (girls cotton jersey or tricot mesh) | <input type="checkbox"/> |
| Shorts | \$10.00 (boys tricot mesh) | <input type="checkbox"/> |
| Sweatshirt | \$20.00 (gray with logo) | <input type="checkbox"/> |

Shirts are gray with green and gold "Bobcat" logo and shorts are dark green with name bar.

****P.E. clothing with logo can be purchased at "Orientation Day 2009" on Weds., Aug. 19, (for 7th graders & new students) or after school on Wed., Sept. 2 & Thurs., Sept. 3 in front of the Performing Arts Center.**

- | | | | |
|------------------------------|-----------------------|--------------------|--------------------------|
| PTSA MEMBERSHIP DRIVE | (See enclosed insert) | ASAP or first week | <input type="checkbox"/> |
|------------------------------|-----------------------|--------------------|--------------------------|

- | | | | |
|------------------------------------|-----------------------|------|--------------------------|
| PTSA Parent Volunteer Sheet | (See enclosed insert) | ASAP | <input type="checkbox"/> |
|------------------------------------|-----------------------|------|--------------------------|

**760-753-8298**

TRANSPORTATION

www.sduhsd.net

Important Information

All bus transportation information is now provided by the District Transportation Department. Please call this number for information and to arrange bus transportation: **760-753-8298.**

PLEASE DO NOT CALL THE SCHOOL OFFICE. THANK YOU!

Bus applications are available on the district website at www.sduhsd.net.

Please do not call the school office.
Thank you!



SUGGESTED SCHOOL SUPPLIES



- | | |
|--|---|
| <input type="checkbox"/> Three-ring binder (1 1/2 or 2 inches) | <input type="checkbox"/> Pens (blue or black) |
| <input type="checkbox"/> Backpack or book bag | <input type="checkbox"/> Highlighter |
| <input type="checkbox"/> Lined three-hole paper | <input type="checkbox"/> Ruler – 6 inch |
| <input type="checkbox"/> Pencils (regular and colored) | <input type="checkbox"/> Protractor |

School supplies (paper, pencils, pens) are available at school upon request.